





In the following, we have compiled information about the products that you can currently find in our houses (as of 07-03-2024).

These tables list all products and the allergens and additives they contain.

## Please note the following:

The list of ingredients in our products has been compiled to the best of our knowledge on the basis of information provided by our suppliers. No guarantee can be given that this list is complete and correct at all times. Product and recipe changes are possible and are updated at regular intervals. Cross-contamination of individual ingredients cannot be ruled out.



ergens and additive						Category, Breaklast   Fage
luct	Gluten-free	Lactose-free	Vegetarian	Vegan	Contains	Traces possible
Raspberry Marmelade	<b>~</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Maple Syrup	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Apples	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Apple juice	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Apricot marmelade	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Balsamic Vinegar	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Sulfur dioxide, Sulphites	
Essential Fruits tea	<b>✓</b>	<b>✓</b>	~	<b>✓</b>		
Belgian Nut Nougat Creme	<b>/</b>		<b>✓</b>		Hazelnuts, Milk	
Flower honey	<b>/</b>	<b>✓</b>	<b>✓</b>			
Butter	<b>✓</b>		<b>✓</b>		Milk	
Toast bread			<b>✓</b>		Wheat, Milk	Sesam seeds
Black coffee	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		
Cappuccino	<b>/</b>		<b>✓</b>		Milk	
Cornflakes		<b>✓</b>	<b>✓</b>	<b>✓</b>	Barley	Peanuts, Soybeans, Milk, Almonds, Hazelnuts, Walnuts, Cashews, Pecans, Brazil nuts, Pistachios, Macadamia nuts, Sesame seeds
Earl Grey Tea	<b>✓</b>	<b>✓</b>	~	<b>✓</b>		
Eggs	~	~	~		Eggs	Wheat, Rye, Barley,Oats, Crustaceans, Eggs, Fish, Peanuts, Soybeans, Milk, Almonds, Hazelnuts, Walnuts, Cashews, Pecans, Braznuts, Pistachios, Macadamia nuts, Celery, Mustard, Sesame seeds, Sulfur dioxide and sulfits, Mulluscs
Iceberg lettuce	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Emmentaler	<b>✓</b>		<b>✓</b>		Milk	
Darjeeling Highlands	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Strawberry marmelade	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Strawberry Yogurt	<b>✓</b>		<b>✓</b>		Milk	
Peanut butter	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Peanuts	Almonds, Hazelnuts, Walnuts, Cashews, Pecans, Brazil nuts, Pistachios, Macadamia nuts
Filter coffee	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Fruit muesli		<b>✓</b>	<b>✓</b>	<b>✓</b>	Wheat, Roe, Barley	Peanuts, Soybeans, Milk, Almonds, Hazelnuts, Walnuts, Cashews, Pecans, Brazil nuts, Pistachios, Macadamia nuts, Sesame seeds
Turkey Ham		<b>✓</b>			Milk	
Gluten free bread	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Soya beans	Mustard, lupins
Edam cheese	<b>/</b>		<b>✓</b>		Milk	
Sencha Select tea	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Cucumber	<b>✓</b>	<b>✓</b>	~	<b>✓</b>		
Oat milk		<b>✓</b>	<b>✓</b>	<b>/</b>	Oats	

Anergens and additive		_				Category: Dreaklast   rage 273
Product	Gluten-free	Lactose-free	Vegetarian	Vegan	Contains	Traces possible
Oatmeal		<b>✓</b>	<b>✓</b>	<b>/</b>	Oats	Wheat, Roe, Barley
Milk	<b>✓</b>		<b>✓</b>		Milk	
Lactose free milk	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Milk	
Delicate Herbs Tea	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Chocolate muesli			~		Wheat, Barley, Oats, Soybeans, Milk, Hazelnuts	
Rooibos Vanilla	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		
Margarine	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		
Mayonnaise	<b>/</b>	<b>✓</b>	<b>✓</b>		Eggs, Mustard	
Multigrain rolls	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>/</b>	Wheat, Roe, Barley, Oats, Sesame seeds	
Milk coffee	<b>/</b>		<b>✓</b>		Milk	
Multivitamin juice	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		
Virgin olive oil	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Natural yoghurt			<b>/</b>		Milk	
Chocolate spread	<b>/</b>		<b>✓</b>		Soybeans, Milk, Almonds, Hazelnuts	Wallnuts, Cashew nuts, Pecans, Brazil nuts, Pistachios, Macadamia nuts
Pancakes			<b>/</b>		Wheat, Milk, Egg	
Pepper	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		
Peppermint tea	<b>/</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		
Peach Icetea	<b>✓</b>	<b>✓</b>	<b>✓</b>	/		
Salt		<b>✓</b>	<b>✓</b>	<b>/</b>		
Sour cherry marmelade	<b>✓</b>	<b>✓</b>	<b>✓</b>	/		
Mustard	<b>✓</b>	<b>✓</b>	<b>✓</b>	/	Mustard	
Rice crispies		<b>✓</b>	<b>✓</b>	<b>/</b>	Wheat	
Sweetener			<b>/</b>	<b>/</b>	Milk	
Tomatoes	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Tomato Ketchup	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>/</b>	Celery	
Drink chocolate	<b>✓</b>		<b>✓</b>		Milk	
Chicken Ham	<b>/</b>	<b>✓</b>				Milk, Celery, Mustard
Wholegrain bread		<b>✓</b>	~	<b>✓</b>	Wheat, Rye	Sesam seeds
Waffle cup			~	<b>✓</b>	Wheat, Soybeans, Milk	
Water	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>/</b>		

Product	Gluten-free	Lactose-free	Vegetarian	Vegan	Contains	Traces possible
Bread rolls		<b>✓</b>	<b>✓</b>	<b>✓</b>	Wheat	Sesam seeds
Sugar	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		

Allergens and additives info

Category: Packed lunch

Product	Gluten-free	Lactose-free	Vegetarian	Vegan	Contains	Traces possible
Apple	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		Oats
Salami Sandwich					Wheat, Roggen, Gerste, Hafer, Eggs, Milk	Soy beans, Sesam seeds
Waffle			<b>✓</b>		Wheat, Soy beans, Milk, Hazelnut	
Egg Sandwich			<b>✓</b>		Wheat, Eggs, Milk	Soy beans, Sesam seeds
Turkey ham sandwich					Wheat, Eggs, Milk	Soy beans, Sesam seeds
Water	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		

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Product	Gluten-free	Lactose-free	Vegetarian	Vegan	Contains	Traces possible
Salad Dressings	~		~		Eggs, Milk, Mustard	Sesame seeds
Apple juice	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
3-colored vegetables	<b>✓</b>	<b>✓</b>	<b>✓</b>	~		
Balsamic Vinegar	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Sulfur dioxide and sulfits	
Carrots	<b>✓</b>		<b>✓</b>			
Bolognese Sauce	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>/</b>	Celery	Wheat, Rye, Barley, Oats, eggs, Milk, Mustard
Tomato Sauce		<b>✓</b>	<b>✓</b>	<b>✓</b>	Celery	
Broccoli	~	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Vegetable tray bake	~	~			Milk, Wheat	
Mushroom sauce	~	~	~	~	Milk	Wheat, rye, barley, oats, crustaceans, eggs, fish, peanuts, soybeans, almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios, macadamia nuts, celery, mustard, sesame seeds, sulphur dioxide and sulphites, molluscs
Croutons	~	<b>✓</b>	<b>✓</b>	<b>✓</b>	Wheat	
Lasagna Bolognese	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Celery, Milk, Wheat, Eggs	Roe, Barley, Oats, Eggs, Mustard
Vegetable Lasagna					Celery, Milk, Wheat, Eggs	Roe, Barley, Oats, Eggs, Mustard
Iceberg lettuce		<b>✓</b>	<b>✓</b>	<b>/</b>		
Ice tea Peach	~		<b>✓</b>			
Peas	~	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Cucumber	~	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Chicken Cordon Bleu	<b>✓</b>				Wheat, Milk, Celery	Mustard, Soy beans
Breaded chicken	~	<b>✓</b>	<b>✓</b>	<b>✓</b>	Wheat, Milk, Eggs, Peanuts	
Salad dressing		<b>✓</b>	<b>✓</b>	<b>✓</b>	Eggs, Milk	
Cauliflower		<b>✓</b>	~	<b>✓</b>		
Baked potato wedges	~					
Potato salad	<b>✓</b>		<b>✓</b>		Eggs	Crustaceans, Fish, Milk, Mustard, Soya, Sulphites
Katsu Curry Sauce		~	~	<b>✓</b>	Soya Beans	
Canelloni ricotta and spinach		~	~		Milk, Eggs, Wheat	Soy beans
Canelloni ricotta and spinach GLUTEN FREE	~	~	~	~	Milk, Eggs, Wheat	Soy beans
Herbal salad dressing	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Milch	
Creem cheese	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	Milch	
Corn	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>		
Mayonnaise			/		Eggs, Mustard	

	Gluten-free	Lactose-free	Vegetarian	an		Category: Earler & Diffici   1 age 2
Product	Glut	Lact	Veg	Vegan	Contains	Traces possible
Red Tractor Baked Pan Rustic bread	<b>✓</b>	<b>✓</b>	<b>/</b>	<b>~</b>		Eggs, Milk
Green beans						
Mozzarella-balls	~	<b>✓</b>			Milk	
Multivitamin juice						
Virgin olive oil	<b>✓</b>		<b>/</b>			
	<b>✓</b>	<b>✓</b>	<b>/</b>	~		
Vegetarian Cutlet	<b>✓</b>		~		Wheat, soybeans	Roe, oats, Eggs, Milk, Celery, Mustard
Grated mozzarella cheese	<b>✓</b>	<b>/</b>	<b>/</b>	~	Milch	
Rice	~		<b>~</b>			
Beef goulash with potatoes	~	~	/	<b>/</b>	"Wheat, soybeans, celery	Crustaceans, eggs, fish, peanuts, milk, almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios, macadamia nuts, mustard, sesame seeds, sulphur dioxide and sulphites, molluscs
Tomato, Mozzarella & Pesto Salad	<b>/</b>	<b>✓</b>	~	~	Milk	
Meatballs	~		~		Milk	
Roasted onions	/		~		Wheat	
Red beets	~		~			
Feta style cheese	~	<b>✓</b>	~	~	Milk	
Almond brownie					Eggs, Nuts	Milk, Peanuts, Sesame, Soya, Sulphites
Mustard	~		<b>/</b>		Mustard	
Summer vegs		<b>/</b>	<b>/</b>	<b>/</b>		
Pasta	<b>/</b>		/		Wheat	Rye, barley, oats, crustaceans, eggs, fish, peanuts, soybeans, milk, almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios, macadamia nuts, celery, mustard, sesame seeds, sulphur dioxide and sulphites, lupins, molluscs
Tomatoes	~	<b>✓</b>	<b>/</b>	~		
Tomato ketchup	~		~		Celery	
Sauerkraut	~	<b>/</b>	<b>/</b>	~		
Classic school sponge traybake	<b>/</b>	<b>✓</b>	~	~	Milk, Eggs, Sulphites	Soya beans, Nuts
Sparticus Greek Salad	<b>✓</b>	<b>✓</b>	~	~	Milk, Mustard	
Vegan Apricot filled Flapjacks	<b>✓</b>	<b>✓</b>	~	~	Sulphites	
Vegs & Pearl Cous cous salad		~	~	~		
Chocolate brownie	~	<b>/</b>	~	~	Eggs, Milk, Soya beans	Peanuts, Sesame, Nuts
Water		~	~			
Green Valey salad	/	/	_		Mustard	