



Lunch / Dinner

MENU

With daily vegetarian option. We are happy to provide vegan menus on request.
We also take into account lactose intolerance and gluten allergy.

Monday Lunch

- Pasta Bolognese
- Tomato Pasta vegan, lactose-free
- Broccoli vegan, gluten-free
- Chocolate Cake vegetarian

Monday Dinner

- Beef Goulash with Potatoes gluten-free, lactose-free
- Cauliflower vegan, lactose-free, gluten-free
- Carrots vegan, lactose-free, gluten-free
- Cannelloni Ricotta & Spinach vegetarian
- Lemon Cake vegetarian

Tuesday Lunch

- Meatballs with Sauce
- Country-style Potatoes with Herbs lactose-free, vegetarian
- Vegetable Cutlets vegetarian
- Carrots vegan, gluten-free
- Cherry Cake vegetarian

Tuesday Dinner

- Lasagne Bolognese
- Lasagne with vegetables
- Mixed Vegetables vegan, lactose-free, gluten-free
- Lemon Cake

Wednesday Lunch

- Chicken Cordon Bleu
- Potato Wedges vegetarian, lactose-free
- Green Beans vegan, lactose-free, gluten-free
- Mushroom Cream Sauce vegetarian
- Savoury Cake vegetarian
- Black Cake vegetarian

Wednesday Dinner

- Beef Stew with Potatoes
- White Rice vegan, lactose-free, gluten-free
- Cauliflower vegan, lactose-free, gluten-free
- Cannelloni Ricotta & Spinach vegetarian
- Black Cake vegetarian

Menus can vary depending on availability.



Thursday Lunch

Beef Goulash with Potatoes gluten-free, lactose-free
Cauliflower vegan, lactose-free, gluten-free
Carrots vegan, lactose-free, gluten-free
Cannelloni Ricotta & Spinach vegetariano
Lemon Cake vegetarian

Thursday Dinner

Chicken Cutlets
Potato Wedges vegan, lactose-free
Cauliflower vegan, lactose-free, gluten-free
Mushroom Cream Sauce vegetarian
Vegetable Medallions vegetarian
Chocolate Cake vegetarian

Friday Lunch

Lasagne Bolognese
Lasagne with vegetables vegetarian
Mixed Vegetables vegan, lactose-free, gluten-free
Lemon Cake vegetarian

Friday Dinner

Pasta Bolognese
Tomato Pasta vegan, lactose-free
Broccoli vegan, gluten-free
Chocolate Cake vegetarian

Saturday Lunch

Beef Stew with Potatoes
White Rice vegan, lactose-free, gluten-free
Cauliflower vegan, lactose-free, gluten-free
Cannelloni Ricotta & Spinach vegetarian
Black Cake vegetarian

Saturday Dinner

Meatballs with Sauce lactose-free, gluten-free
Country-style Potatoes with Herbs lactose-free, vegetarian
Vegetable Cutlets vegetarian
Carrots vegan, gluten-free
Cherry Cake vegetarian

Sunday Lunch

Chicken Cutlets
Potato Wedges vegan, lactose-free
Cauliflower vegan, lactose-free, gluten-free
Mushroom Cream Sauce vegetarian
Vegetable Medallions vegetarian
Chocolate Cake vegetarian

Sunday Dinner

Chicken Cordon Bleu
Potato Wedges vegetarian, lactose-free
Green Beans vegan, lactose-free, gluten-free
Mushroom Cream Sauce vegetarian
Savoury Cake vegetarian
Black Cake vegetarian

Menus can vary depending on availability.

OUR STANDARDS

We prepare one of these delicious menus every day – always with a vegetarian option. Our guests also receive a varied salad buffet, a dessert of the day and various drinks. a&o reserves the right to choose the menu.

If the entire group would like a vegetarian menu, please send us an e-mail to groups@aohostels.com.